



CUYAHOGA COUNTY  
BOARD OF HEALTH  
OUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

**Did you get COVID or come in  
contact with someone who did?**

**Haven't been able to bounce back?**

**Still not feeling like yourself?**

**You may have Long COVID...**

**Now what??**

**Don't wait. Call your doctor and let them know if you have any of the symptoms on the back.**





**Have you had any of the following symptoms for a month or longer after a COVID infection or coming in contact with someone who had COVID?**

**Chest Pains**

**Prolonged Cough**

**Diarrhea**

**Fatigue (Extreme Tiredness)**

**Headaches**

**Nausea and Vomiting**

**Shortness of Breath**

**Dizziness**

**Trouble Tasting or Smelling**

**Difficulty Staying Focused/Brain Fog**

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**You could have Long COVID symptoms even after a mild infection.**

**Your next best move is to work with a doctor you trust and who could take a closer look at your specific situation.**

Need help finding a primary care doctor or an affordable local clinic?

**Visit [FindaHealthCenter.hrsa.gov](https://FindaHealthCenter.hrsa.gov) and type in your zip code to find a health center near you.**